

Sex and Relationships Education

PSHE Programme of study	Year 6	
	Learning objectives	Lesson Title
<p>Core theme 1: Health & Wellbeing</p> <ul style="list-style-type: none"> • How their body will, and emotions may, change as they approach and move through puberty • About human reproduction • The importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others 	<ul style="list-style-type: none"> • To consider puberty and reproduction <p>Learning outcome</p> <ul style="list-style-type: none"> • Describe how and why the body changes during puberty in preparation for reproduction • Talk about puberty and reproduction with confidence 	<p>Puberty and Reproduction</p>
<p>Core theme 2: Relationships</p> <ul style="list-style-type: none"> • To be aware of different types of relationship, including those between friends and families, civil partnerships and marriage • To recognise what constitutes positive 	<ul style="list-style-type: none"> • Consider physical and emotional behaviour in relationships <p>Learning outcome</p> <ul style="list-style-type: none"> • Discuss different types of adult relationships with confidence • Know what form of touching is appropriate 	<p>Understanding Relationships</p>

healthy relationships and develop skills to form them	<ul style="list-style-type: none"> To explore the process of conception and pregnancy <p>Learning outcome</p> <ul style="list-style-type: none"> Describe the decisions that have to be made before having a baby Know some basic facts about pregnancy and conception 	Conception and Pregnancy
	<ul style="list-style-type: none"> To explore positive and negative ways of communicating in a relationship <p>Learning outcome</p> <ul style="list-style-type: none"> To have considered when it is appropriate to share personal/private information in a relationship To know how and where to get support if an online relationship goes wrong 	Communicating in Relationships