

## ST. ANDREW'S C.E. PRIMARY SCHOOL

Head Teacher:  
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### Sex and Relationship Education (SRE)

Monday 24<sup>th</sup> April 2017

Dear Parent/Carer,

Nowadays, there seems to be a vast amount of sometimes confusing information about relationships and sex on the internet, on TV, in magazines, etc, to which many young people may have access. This can sometimes make an already confusing time for our older pupils seem even more complicated! Therefore, as part of the school's Personal, Social and Health Education programme, your child will soon receive lessons on relationships, sexual health and puberty.

The purpose of Sex and Relationship Education (SRE) is to provide knowledge and understanding of how the human body changes during puberty. It should develop understanding and attitudes, which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

If young people can start their transition into adulthood with relevant information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into self-assured and healthy adults, who are able to make positive choices. This starts with learning the basics about growing up. The sessions in school may reinforce what you are already doing at home.

The key aims of SRE are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood
- 2 Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage
- 3 Foster self-awareness and self-esteem

4 Develop a sense of responsibility and respect for themselves and others

The SRE programme includes materials by The Christopher Winter Project and input from the class teacher, all of which have been checked and ratified by the Governors and Fr. Steve. All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

The programme will cover:

- 1 Talking about puberty
- 2 Male and Female Body Changes
- 3 Puberty and Hygiene

You are welcome to contact your child's class teacher to discuss the programme or to view any of the teaching materials used. On our website you will find the scheme of work for you to view. Prior to these lessons, you will receive a text message, in order to be aware that your child may ask questions after the lesson.

Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the school's sex education programme, please contact me soon.

Please complete and return the reply slip below by Friday 28<sup>th</sup> April, to acknowledge receipt of this letter.

Yours sincerely

Miss C.L Mann

.....  
SRE Lessons in Year 5

I acknowledge receipt of a letter advising me about forthcoming lessons on 'talking about puberty,' 'male and female changes' as well as 'puberty and hygiene.'

.....  
Name of child

.....  
Class

.....  
Signature of parent