

### EYFS: Reception PE CURRICULUM PLAN

Taught Across the Year	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<p><b>Mark Making Through Movement</b> (linked across all aspects of PE)</p> <p><b>Themes:</b></p> <ul style="list-style-type: none"> <li>• Straight up &amp; down</li> <li>• Swinging movement and indirect lines</li> <li>• Circular movements</li> <li>• Angular movements</li> <li>• Looped movements</li> <li>• Grabbing movements</li> <li>• Consistent flowing line</li> <li>• Arched movement</li> <li>• Combining different writing strokes</li> </ul>	<p><b>Observation and assessment</b> of children moving. Establishing systems and procedures.</p> <p><b>Unit 2 EYFS Throw Catch Kick</b></p> <ul style="list-style-type: none"> <li>• Running, jumping and galloping (gross motor)</li> <li>• Kicking large balls</li> <li>• Rolling, throwing and aiming</li> <li>• Jumping off the floor on 2 feet, one foot (hop) Jumping from one to the other (leap)</li> <li>• Hanging, swinging, and climbing assessing upper body strength using outdoor climbing frame, poles and ropes</li> </ul>	<p><b>Unit 4 EYFS Creative Dance</b></p> <ul style="list-style-type: none"> <li>• Action rhymes</li> <li>• Action rhythms</li> <li>• Spatial awareness</li> <li>• Musicality</li> <li>• Hand eye co- ordination</li> </ul> <p><b>Unit 2 EYFS Throw Catch Kick</b></p> <ul style="list-style-type: none"> <li>• Rolling balls and other objects</li> </ul>	<p><b>Unit 3 EYFS Over Under &amp; Through</b></p> <ul style="list-style-type: none"> <li>• Travelling on different parts of the body</li> </ul> <p><b>Unit 2 EYFS Throw Catch Kick</b></p> <ul style="list-style-type: none"> <li>• Aiming skills using a variety of balls and other objects</li> </ul>	<p><b>Unit 4 EYFS Creative Dance</b></p> <ul style="list-style-type: none"> <li>• Dance a story</li> </ul> <p><b>Unit 2 EYFS Throw Catch Kick</b></p> <ul style="list-style-type: none"> <li>• Throwing and catching skills</li> </ul>	<p><b>Unit 3 EYFS Over Under &amp; Through</b></p> <ul style="list-style-type: none"> <li>• Balancing</li> </ul> <p><b>Unit 2 EYFS Throw Catch Kick</b></p> <ul style="list-style-type: none"> <li>• Kicking and dribbling activities</li> </ul>	<p><b>Unit 4 EYFS Creative Dance</b></p> <ul style="list-style-type: none"> <li>• Dance to known songs</li> </ul> <p><b>Unit 2 EYFS Throw Catch Kick</b></p> <ul style="list-style-type: none"> <li>• Striking skills</li> </ul>