



Curriculum Map for PSHE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 1</b>	<b>Physical health and wellbeing</b>  Fun times	<b>Keeping safe and managing risk</b>  Feeling safe	<b>Identity, society and equality</b>  Me and others	<b>Drug, alcohol and tobacco education</b>  What do we put into our bodies?	<b>Mental health and emotional wellbeing</b>  Feeling	<b>Careers, financial capability and economic wellbeing</b>  My money
<b>Year 2</b>	<b>Physical health and wellbeing</b>  What keeps me healthy?	<b>Mental health and emotional wellbeing</b>  Friendship	<b>Sex and relationship education</b>  Boys and girls, families	<b>Sex and relationship education</b>  Boys and girls, families	<b>Keeping safe and managing risk</b>  Indoors and outdoors	<b>Drug, alcohol and tobacco education</b>  Medicines and me
<b>Year 3</b>	<b>Drug, alcohol and tobacco education</b>  Tobacco is a drug	<b>Keeping safe and managing risk</b>  Bullying - see it, say it, stop it	<b>Mental health and emotional wellbeing</b>  Strengths and challenges	<b>Identity, society and equality</b>  Celebrating difference	<b>Careers, financial capability and economic wellbeing</b>  Saving, spending and budgeting	<b>Physical health and wellbeing</b>  What helps me choose?
<b>Year 4</b>	<b>Identity, society and equality</b>  Democracy	<b>Drug, alcohol and tobacco education</b>  Making choices	<b>Physical health and wellbeing</b>  What is important to me?	<b>Keeping safe and managing risk</b>  Playing safe	<b>Sex and relationship education</b>  Growing up and changing	<b>Sex and relationship education</b>  Growing up and changing
<b>Year 5</b>	<b>Physical health and wellbeing</b>  In the media	<b>Identity, society and equality</b>  Stereotypes, discrimination and prejudice (including tackling homophobia)	<b>Keeping safe and managing risk</b>  When things go wrong	<b>Mental health and emotional wellbeing</b>  Dealing with feelings	<b>Drug, alcohol and tobacco education</b>  Different influences	<b>Careers, financial capability and economic wellbeing</b>  Borrowing and earning money
<b>Year 6</b>	<b>Sex and relationship education</b>  Healthy relationships/How a baby is made	<b>Sex and relationship education</b>  Healthy relationships/How a baby is made	<b>Drug, alcohol and tobacco education</b>  Weighing up risk	<b>Identity, society and equality</b>  Human rights	<b>Mental health and emotional wellbeing</b>  Healthy minds	<b>Keeping safe and managing risk</b>  Keeping safe - out and about FGM