

MEET THE TEACHER YEAR 4

A warm welcome to our Year 4 parents

Here is some information about our school day,
as well as some other important notes for you.

We hope you find it useful.



St Andrew's
Church of England Primary School



— Year 4 Team

Teaching Team

Mrs Helen Dempsey (4B)

Ms Emily Chick - Fridays (4B)

Mrs Lynsey Cahalan (4W)

Support Staff Team

Mrs Katrina Dilieto (HLTA)

Mrs Esther Okon-Williams



— Our Curriculum

In Years 1 to 6, children are taught the National Curriculum, this includes;

- English
- Maths
- Science
- History & Geography
- Art & Design Technology
- Computing
- Music
- French (KS2 onwards)
- Personal, Social and Health Education (PSHE)
- Physical Education (PE)
- Religious Education (RE)

As a Church of England School,
we follow the RE syllabus created by the London Diocesan Board.



— Multiplication Tables Check (MTC)

In Year 4, children are expected to take part in a national assessment testing their times tables knowledge. By the end of Year 4, children should be able to recall times table facts up to 12 x 12.

- The assessment will take place in June
- You will be informed about the exact dates closer to the time
- The assessment is completed on an iPad.
- We will have access to official practice tests closer to the time
- We have already started to use a designated time to practice applying their times tables knowledge
- We would appreciate your support with this

Suggested websites for multiplication practice

- [topmarks.co.uk](https://www.topmarks.co.uk)
- [emile-education](https://www.emile-education.com)
- [mathsframe.co.uk](https://www.mathsframe.co.uk)
- [ttrockstars.com](https://www.ttrockstars.com)



— Mental Health and Well-being

Pupils' emotional well-being forms a central part of our ethos school in and out of the classroom. We know that children learn best when they feel safe, calm and secure and have a trusted adult to go to, if needed. Some of the ways in which the school is championing well-being:

- We have a Senior Mental Health Lead to oversee our plan for supporting good mental health and well-being
- Our PSHE curriculum has been developed over the past two years and is overseen by our PSHE Leader. Themes include *Family and Relationships* and *Health and Well-being*
- PSHE lessons are taught weekly
- Circle time sessions also happen regularly in all classes
- Mindfulness techniques are taught and used to help to restore focus and calm
- 1:1 or small group targeted interventions offer support to key children
- We work closely with organisations such as MYME (My Young Minds Enfield)



Attendance

We all know that good attendance is essential for all children to have the best chance of success now and later in life.

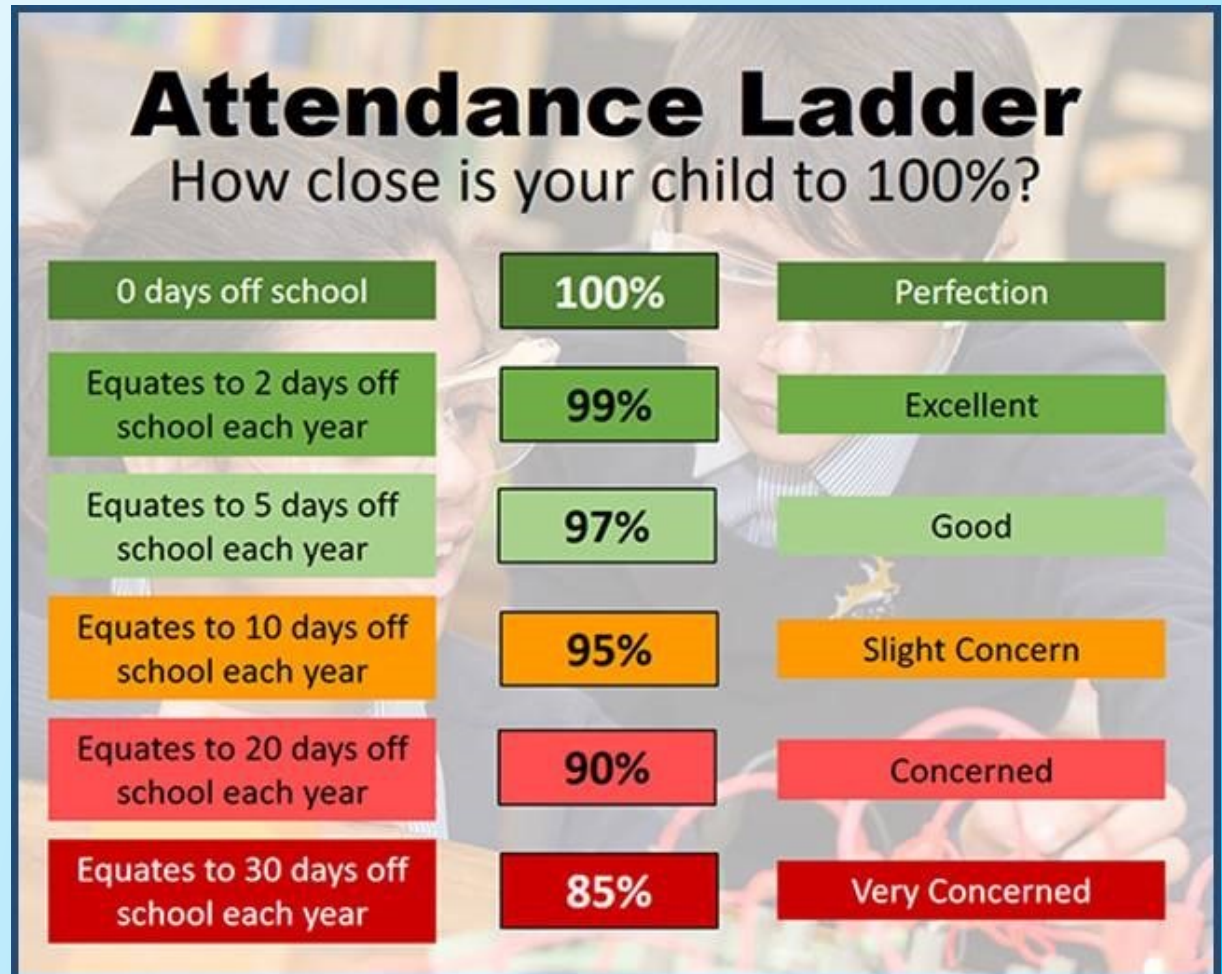
Attendance at school is compulsory and is monitored very closely.

If your child is absent even for one day a week, they miss:

1 opportunity to gather with the whole school in Collective Worship.

3 opportunities to play with friends in the playground.

4 to 5 lessons of learning.



— Reading

Reading at home

At St. Andrew's School, we know how important it is for children to read and share stories and books at home. Therefore, we expect parents to support their child with reading every day.

Reading in Year 4

Children will have the offer to read for pleasure at least once a week in class. Most children will be expected to be reading books of a Year 4 level and to be able to discuss what they have been reading with an adult.

Reading records

There is a reading record book, for both children and/or parents to complete.

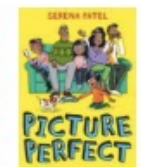
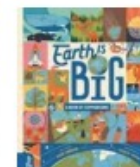
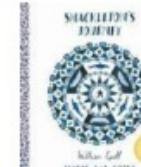
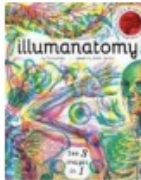
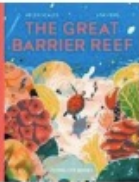
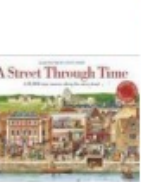
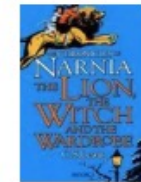
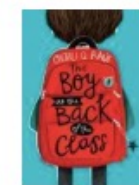
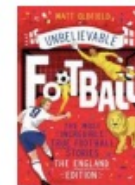
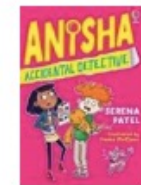
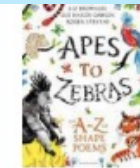
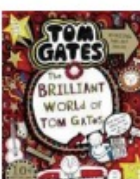
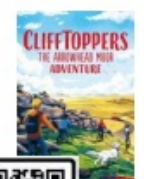
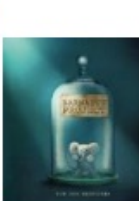
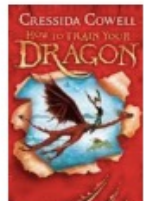
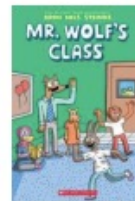
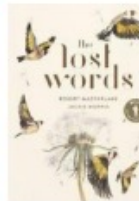
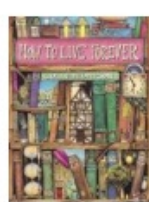
This will be checked once a week, to ensure regular reading is taking place.



50 Recommended Reads for...

Year 4

(ages 8-9)



— Homework

In addition to daily reading, homework will be set once a week on Microsoft Teams. Your child will have their own log in for this. Please see the class teacher if your child is unable to log on.

Maths, English or another area of the curriculum, to support work already undertaken in class.

The task may involve the use the Purple Mash, MyMaths and TT RockStars platforms but will always be detailed on Teams. If your child has a question about the homework, he/she can see the teacher on the Monday. Please do not message on Teams, as this facility is not always checked.

Homework is set on Friday and should be completed by the following Wednesday.

Please speak to the class teacher if you have queries about homework.



— Enrichment Activities

At St. Andrew's all children take part in a wide range of in school and off-site experiences. Last year, there were over 40 trips, events or workshops across the school. Such events will include:

- Local visits linked to curriculum areas
- Visits to London and local area
- Trips include: Ragged School Museum, British Museum, Dharma Mandir, local river walk, Tolmers Activity Centre
- Use of the school grounds for fieldwork in science and geography
- 4B Harvest Festival Service – Thursday 15th October
- Class buddy system with Reception children
- Extra-curricular clubs run by staff and outside providers



— Being Active

Outdoor PE

Outdoor PE takes place on Wednesdays, with Coach Kymani. Kymani Nelson is well known to the children, and he works across the school, in all year groups. Children come to school in their PE kit on Tuesday.

Indoor PE

Indoor PE takes place on Thursdays this year.



— Communication

Drop off and pick up times If you need to pass on a message, members of the Senior Leadership Team or other members of staff are available outside on the playground.

Medicine Must always be handed to the office and a form completed.

School office Please email or call to give messages during the school day.

School website This is updated regularly and includes the school calendar.

Newsletters Our fortnightly newsletter is available to read on the website.

Curriculum letters These are emailed and uploaded onto the website.

These will give parents further information about what is being taught in each subject.



Your PTA at St Andrew's

AUTUMN 2026

Dates for your diary

SEP 18	Bake sale	Friday 18 September · after school
SEP 21	Smarties challenge	Monday 21 September – Friday 9 October
OCT 16	Disco	Friday 16 October
NOV 01	Fireworks night	Sunday 1 November
NOV 13	Quiz night (parents only)	Friday 13 November
NOV 27	Christmas Fayre	Friday 27 November

Booking details will be shared shortly!

Together, we make a difference!

£15,397

raised in 2025/26

Recently helped to fund

Prayer garden • Pond
Lighting • Privacy screens
Playground markings

And treats for the children

World Book Day Golden Ticket competition •
Easter eggs • End of term bubble performer



Every bit helps

Bake • volunteer • attend • follow

[@standrewsptaenfield](#)

chairstandrewspta@gmail.com

or contact your class rep

QUESTIONS



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Church of England Primary School