













# Autumn / Winter 2024/2025 - Week One

Dates: 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec, 23<sup>rd</sup> Dec, 13<sup>th</sup> Jan, 3<sup>rd</sup> Feb, 24<sup>th</sup> Feb, 17<sup>th</sup> Mar, 7<sup>th</sup> Apr

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt



V35523

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Pasta with Tomato Sauce 	Red Tractor Chicken Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Red Tractor Beef Pasta Bolognese & Garlic Bread 	*MSC Fish Fingers & Chips
Vegetarian Option	Cheese & Tomato Pizza with Tomato Pasta Salad 	Vegetable Korma Hand Pies with Sunny Vegetable Rice 	Quorn Roast with Gravy, Stuffing & Roast Potatoes	Plant-based Pasta Bolognese with Garlic Bread 	Crispy Vegetable Fingers & Chips
Baked Jacket Potatoes/Pasta	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Cheesy Pasta	Pasta with Tomato Sauce	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Cheese & Onion Puff Pastry with Chips
Vegetables	Broccoli/Cauliflower & Carrots, Sweetcorn 	Red Tractor British Peas, Baked Beans 	Broccoli/Cauliflower & Carrots 	Broccoli, Carrots & Cauliflower Sweetcorn 	Baked Beans British Red Tractor Garden Peas 
Dessert	Chocolate Mousse and Orange Smiles 	Homemade Jam Buns & Custard	'Hidden Fruit' Chocolate, (Beetroot & Pear) Brownie	Fruity Strawberry Jelly & Mandarin Segments	Vanilla & Cherry Cookie Cup & Custard 
<b>SALAD AND BREAD ALSO AVAILABLE DAILY</b>					

\*MSC - Marine Stewardship Council. Certified Seafood

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% Fruit 	Oily fish 
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**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.




















## Autumn / Winter 2024/2025 - Week Two

Dates: 18<sup>th</sup> Nov, 9<sup>th</sup> Dec, 30<sup>th</sup> Dec, 20<sup>th</sup> Jan, 10<sup>th</sup> Feb, 3<sup>rd</sup> Mar, 24<sup>th</sup> Mar, 14<sup>th</sup> Apr

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheese & Tomato Pizza  	Red Tractor Chicken Sausage with Mashed Potatoes & Gravy	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Chicken Wholemeal Pasta Spirals 	*MSC Fish Fingers & Chips
Vegetarian Option	Potato, Spinach & Cheese Toasted Wrap with Tomato Salsa 	Plant Based Sausage with Mashed Potatoes & Gravy 	Quorn Roast with Gravy, Yorkshire Pudding & Roast Potatoes 	Garlic & Tomato Vegetable Wholemeal Pasta Spirals 	Crispy Vegetable Fingers & Chips
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Pasta with Tomato Sauce	Cheese & Onion Puff Pastry with Chips	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Pasta with Cheese
Vegetables	British Red Tractor Garden Peas  Green beans	Broccoli/Cauliflower & Carrots 	Broccoli/Cauliflower & Carrots, Sweetcorn 	Broccoli/Cauliflower & Carrots 	Baked Beans, British Red Tractor Garden Peas  
Dessert	Apple & Sultana Crumble Bar with Custard 	Iced Carrot Cake & Orange Slices 	Chocolate Shortbread/Pinwheels with Chocolate Sauce	Toffee Cream Tart	Chocolate Oaty Slice
<b>SALAD AND BREAD ALSO AVAILABLE DAILY</b>					

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## Autumn / Winter 2024/2025 - Week Three

Dates: 4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec, 6<sup>th</sup> Jan, 27<sup>th</sup> Jan, 17<sup>th</sup> Feb, 10<sup>th</sup> Mar, 31<sup>st</sup> Mar

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1</b>	<b>Cheesy Pasta Spirals with Pizza Style Topping</b>	<b>Beef Lasagne with Garlic &amp; Tomato Bread</b> 	<b>Roast Chicken with Gravy, Yorkshire Pudding &amp; Roast Potatoes</b>	<b>Beef Cottage Pie with Mash or Skin on Potato Wedges</b> ½ portion	<b>*MSC Fish Fingers &amp; Chips</b>
<b>Vegetarian Option</b>	<b>Veggie Shepherd's Pie</b>	<b>Vegetable Lasagne with Garlic &amp; Tomato Bread</b> 	<b>Quorn Roast with Gravy, Stuffing &amp; Roast Potatoes</b> 	<b>Plant based mince Cottage Pie with Mash or Skin on Potato Wedges</b> ½ portion	<b>Crispy Vegetable Fingers &amp; Chips</b>
<b>Baked Jacket Potatoes</b>	<b>Cheese &amp; Tomato Pizza</b> 	<b>Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans</b>	<b>Pasta with Tomato Sauce</b>	<b>Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans</b>	<b>Cheese &amp; Onion Puff Pastry with Chips</b>
<b>Vegetables</b>	<b>Broccoli/Cauliflower &amp; Carrots &amp; Sweetcorn</b> 	<b>Sweetcorn &amp; Carrots</b> 	<b>Broccoli/Cauliflower &amp; Carrots</b> 	<b>Baked Beans, British Red Tractor Garden Peas</b> 	<b>Baked Beans, British Red Tractor Garden Peas</b> 
<b>Dessert</b>	<b>Lemon Cupcake with Fruit Slices</b> 	<b>Chocolate Cookie &amp; Orange Wedges</b> 	<b>Chocolate Crunch 'Concrete' &amp; Chocolate Sauce or Pink Custard</b>	<b>Strawberry Mousse</b>	<b>Lemon Drizzle Cake With Custard</b>
<b>SALAD AND BREAD ALSO AVAILABLE DAILY</b>					

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