

I should already know:

That there are six main world religions, Buddhism is one of them.

That different religions have different Holy Books.

That different religions use symbols and stories to help them explain ideas

They all have places of worship and celebrate festivals

By the end of this unit I will:

Know and retell the story of Siddhartha and how he became Buddha.

Know that for a Buddhist, the way to end suffering is to follow the four Noble Truths.

Know that for a Buddhist nothing is permanent, everything changes

Know that for a Buddhist kindness and compassion are central to the belief.

Key Vocabulary**Buddha**

The founder of Buddhism, Siddhartha Gautama, after his enlightenment. It is a title that means enlightened or awakened one.

Enlightenment

The realisation of the truth about life. In Buddhism it releases a person from the cycle of rebirth.

Four Noble Truths

The truths discovered by the Buddha during his enlightenment.

