



March 2024

## Relationships and Sex Education

Dear Parents

We are writing to share our updated programme of study for Relationships and Sex Education which has been developed by the educational programme 'Kapow'. The resources that we use are designed to comply with the **Government RSE guidance for schools:**

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

We are attaching 2 key documents for you to read. These will also be uploaded onto our school website.

- Relationships, Health and Sex Education – an introduction for parents to the new curriculum requirements
- RSE guidance for parents

Within these documents you will see the areas that are being covered under this heading, at an age-appropriate level. We ensure that we cover the whole programme of study. It is important for us to inform you that correct biological/medical names for reproductive organs and genitalia are used from Y2 upwards, in order for the children to have the right language to describe the private parts of their body, accurately and to support their understanding of the human body.

Primary Schools are not required to teach Sex Education. However, the Department for Education recommends that pupils should be taught age-appropriate sex education as part of their PSHE programme. In addition, the Church of England states that: If pupils are not offered effective relationship and sex education that allows them to have their questions answered and is informative, they may find their information elsewhere (e.g. pornography or inappropriate websites and forums). *Valuing all God's children, Church of England 2017*

**Parents in Year 6 have the right to withdraw their child from 2 specific lessons only**, if they wish to do so. These lessons cover:

- conception
- how a baby develops in the womb and is born.

Please speak with the Head of School or Executive Head if you wish to withdraw your children from these lessons. You will be sent a text message during the week prior to the lessons being taught, if your child is in Year 4, 5 or 6 so that you are able to discuss the lessons with your child.

Yours sincerely,

*C. L. Mann*

**Cathryn Mann**  
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PSHE Lead