

The Elms Sport In Schools - PPA Termly Overview (Summer)



| | Early Years/Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|---------|--|--|--|---|--|--------------------------------------|
| Week 1 | Ball Games Throwing & retrieving | Ball Games Throwing & retrieving | Cricket Bowling technique | Cricket Batting – timing & direction | Tennis Forehand – speed, direction | Tennis Forehand & backhand |
| Week 2 | Ball Games Striking a ball - equipment | Ball Games Striking a ball, using equipment | Cricket Batting technique | Cricket Bowling – line & length | Tennis Backhand – speed, direction | Tennis Serving – speed, direction |
| Week 3 | Ball Games Throwing at targets | Ball Games Throwing at targets | Cricket Batting & bowling | Cricket Fielding – reaction/slips | Tennis Serving & Volleys | Tennis Rally |
| Week 4 | Ball Games Throwing at targets, scoring | Ball Games Throwing at targets, scoring | Cricket Fielding – general skills | Cricket Fielding – outfield | Tennis Match Play | Tennis Match Play |
| | - | - | - | - | 4 week assessment | 4 week assessment |
| Week 5 | SAQ & reaction | SAQ & reaction | Cricket Small-sided games | Cricket Small-sided games | Cricket Batting – shot selection | Cricket Batting & Bowling |
| Week 6 | Running & changing direction | Running & changing direction | Cricket Small-sided games | Cricket Small-sided games | Cricket Bowling – line, length, speed | Cricket SSG- Fielding positions |
| | 6 week assessment | 6 week assessment | 6 week assessment | 6 week assessment | | - |
| Week 7 | Roll Games Stopping a moving ball | Roll Games Stopping a moving ball | Athletics Running – sprints | Athletics Running – long distance | Cricket Fielding – close & outfield | Cricket Pairs Cricket |
| Week 8 | Ball Games Throwing for distance | Ball Games Throwing for distance | Athletics Throwing – javelin & shot | Athletics Jumping – long & triple | Cricket Small Sided Games | Cricket Small sided games |
| | - | - | - | - | 4 week assessment | 4 week assessment |
| Week 9 | Athletics Individual running | Athletics Individual running | Athletics Jumping – long & triple | Athletics Jumping – sprints | Athletics Running – relays | Athletics Running – Relays |
| Week 10 | Athletics Running in teams | Athletics Running in teams | Athletics Relay – baton changes | Athletics Throwing – javelin & shot | Athletics Throwing events | Athletics Jumping events |
| Week 11 | Athletics Jumping | Athletics Jumping | Athletics Running – long distance | Athletics Running - relays | Athletics Jumping events | Athletics Throwing events |
| Week 12 | Games Working in teams | Games Working in teams | Athletics Competition | Athletics Competition | Athletics Competition | Athletics Competition |
| | End of Term assessment | End of Term assessment | End of Term assessment | End of term assessment | End of term assessment | End of term assessment |