

The Elms Sport In Schools - PPA Termly Overview (Autumn)



	Early Years/Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Week 1	Ball Skills Throwing & catching	Footwork & Co-Ordination Change speed & direction	Hockey Passing & receiving	Tag Rugby Passing & ball handling	Hockey Dribbling	Hockey Dribbling
Week 2	Ball Skills Kicking & striking	Footwork & Co-Ordination Turning with a ball	Hockey Dribbling	Tag Rugby Attack v Defence - overload	Hockey Passing	Hockey Passing
Week 3	Ball Skills Controlling a ball	Ball Skills Kicking at targets	Hockey Attack at pace	Tag Rugby Tactical awareness	Hockey Keeping possession	Hockey Attack v Defence overload
Week 4	Ball Skills Tracking a ball	Ball Skills Travel with ball – using feet	Hockey Creating space	Tag Rugby Creating overloads	Hockey Attack v Defence overload	Hockey Keeping possession
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Week 5	Footwork & Co-Ordination Changing Speeds	Ball Skills Travel with ball – using hands	Hockey Small-sided games	Tag Rugby Understanding game rules	Hockey Small-sided games	Hockey Small-sided games
Week 6	Footwork & Co-Ordination Turning	Ball Skills Throwing a ball	Hockey Small-sided games	Tag Rugby Match	Hockey Small-sided games	Hockey Small-sided games
	6 week assessment	6 week assessment	6 week assessment	6 week assessment	6 week assessment	6 week assessment
Week 7	Ball Skills Rolling for targets	Footwork & Co-Ordination Change speed & direction	Tag Rugby Ball handling	Hockey Passing to score	Tag Rugby Passing & creating overloads	Tag Rugby Attack v Defence overload
Week 8	Ball Skills Throw & Catch – targets	Ball Skills Kicking at targets (2)	Tag Rugby Passing opposed	Hockey Retaining possession	Tag Rugby Conditioned games	Tag Rugby Game management
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Week 9	Ball Skills Controlling a ball (2)	Ball Skills Small-sided games	Tag Rugby Small-sided games	Hockey Creating space	Tag Rugby Attack v Defence overload	Tag Rugby Transition play
Week 10	Footwork & Co-Ordination Changing Speeds (2)	Ball Skills Travel with ball – using hands	Tag Rugby Attack v Defence	Hockey Attack v Defence	Tag Rugby Game management	Tag Rugby SSG - officiating
Week 11	Ball Skills Tracking a ball (2)	Footwork & Co-Ordination Individual & relay	Tag Rugby Understanding game rules	Hockey Small-sided tournament	Tag Rugby Small-sided games	Tag Rugby Small-sided games