



Year 6 School Journey Meeting

Gilwell Park - Monday 2nd to Friday 6th October 2023



**Adventure activities
& evening
entertainment**



**Accommodation &
facilities**



**Catering and dietary
needs**



Health & safety



**Forms to complete
and questions**



Gilwell Park Essex





Gilwell Park in Essex

- Around 30 minutes away from Enfield
- An 18th Century manor house, dating back to 1770s on the outskirts of Epping Forest
- Bought by the Scout Association in 1919
- 108 acres of beautiful countryside in an area of outstanding natural beauty
- Vast fields and woodlands for groups to use and explore



Multi-Activity programme

- 5 action-packed adventure activity sessions per day (9am – 8.30pm)
- All activities have been chosen to encourage personal development & confidence, increase motivation & an appetite for learning
- These days will form a natural and important part of our transition programme to secondary school



Activities such as...

- 3G Swing
- Archery
- Aeroball
- Campfire
- Fencing
- Climbing wall
- Tomahawk throwing
- Low ropes
- Night Hike
- Low ropes
- Leap of Faith
- Crate stacking



Branchet Lodge



Jack Petchey Lodge

Accommodation

- Two lodges which hold up to 50 people in each one
- Rooms which hold up to 8 children
- Plenty of space in the rooms to put their personal things
- Clean shower rooms and toilets near the rooms
- Some rooms have an en suite bathroom
- Both lodges have an indoor hall, boot room and drying room

Food and dietary needs



Children will eat all meals in the canteen

3 meals per day. Your child will not go hungry!

Breakfast includes toast, pancakes, croissants, fruit and eggs

A salad bar

Vegetarian and gluten free options

Special diets rather than fussy eaters are catered for

Please ensure specific dietary needs are written on the form

	Breakfast	Lunch All served with Tyrells crisps and fresh fruit	Dinner All served with a bread roll and butter
Mon	Croissants with cheese Fresh fruit and yoghurt Toast with spreads Choice of cereals	Sausage roll Vegetarian sausage roll Ham, cheese, bread, salad Fruity flapjacks	Mild chicken chilli Mild mixed bean chili Cheese and tortilla chips Lemon loaf cake
Tue	Omelette, bacon and beans Omelette, vegetable sausage, beans Fresh fruit and yoghurt Toast with spreads Choice of cereals	Sandwich selection Ham, cheese, bread, salad Fruity flapjacks	Chicken pasta bake Vegetable pasta bake Cheddar cheese, garlic bread and cucumber sticks Baked cheesecake
Wed	American pancakes with fruit compote Fresh fruit and yoghurt Toast with spreads Choice of cereals	Pizza slice Ham, cheese, bread, salad Fruity flapjacks	Chicken burger Mixed bean burger Potato wedges and coleslaw Chocolate fudge cake
Thu	Sausage and egg muffin Egg muffin Fresh fruit and yoghurt Toast with spreads Choice of cereals	Sandwich selection Ham, cheese, bread, salad Fruity flapjacks	Jacket potato with tuna mayonnaise Jacket potato with baked beans Cheddar cheese and cucumber sticks Lemon loaf cake
Fri	French toast bake Fresh fruit and yoghurt Toast with spreads Choice of cereals	Fish finger bap Ham, cheese, bread, salad Fruity flapjacks	Mild chicken, chickpea and carrot curry Mild squash, chickpea and carrot curry Rice, green beans and naan bread Baked cheesecake
Sat	Bacon ciabatta roll Vegetarian ciabatta roll Fresh fruit and yoghurt Toast with spreads Choice of cereals	Chicken fajita Vegetarian fajita Salad, salsa, guacamole, cheese Chocolate chip cookie	Pasta Bolognese bake Vegetarian pasta bake Garlic bread Caramel cheesecake
Sun	Sausage, hash brown and beans Vegetable sausage, hash brown, beans Fresh fruit and yoghurt Toast with spreads Choice of cereals	Sandwich selection Ham, cheese, bread, salad Fruity flapjacks	Mediterranean chicken bake Vegetarian Mediterranean bake Flatbread and salad Ice cream and sauce



Health & safety

Staff to pupil ratios: 1:10 or 1:11 (with an instructor and a member of school staff)

24 hour site security

Risk assessment and control measures from Scout Adventures (available on their website)

First Aid protocols and procedures in place

Behaviour Expectations

Information and forms to be completed


Green form – medical and dietary requirements



Yellow form – kit list and PACKED LUNCH and SWEETS!



White form – Behaviour and Expectations (parent and child to sign)



Blue form - Emergency details form –



Kit List and packed lunch



- It is likely that the evenings will be a lot cooler, so it is important to have long sleeved tops, joggers, jeans and hoodies. Here is a reminder of the essentials.
- A waterproof jacket with a hood is essential.
- Extra socks in case it rains
- 2 towels and a washbag
- Outdoor and indoor footwear – walking boots/trainers
- Pyjamas and a cuddly toy
- A pack of cards, top trumps, UNO for the evening
- £10 maximum to spend in the small shop. Please put in a labelled purse or wallet.
- A packet of individually wrapped chocolate biscuit bars such as Penguin, Breakaway, Blue Ribband, Club to share each night.
- A packed lunch in a small rucksack – this needs to be on the coach with them.



**Departure on Monday 2nd October
at 10.30 a.m. for 11am**

**Return on Friday 6th October
at 2.30 p.m. - 3:00 p.m.**