Healthy Me Year 2 Autumn 1

What I should already know:

- I can name and label the basic parts of the human body
- 2 I can identify the five senses
- I can identify which part of the body is associated with each sense
- I can Identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals

basic needs to survive:

air to breathe

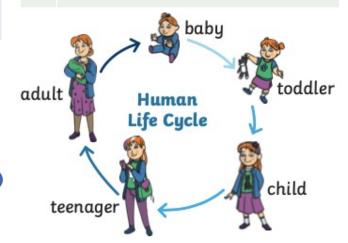
food to water to drink eat shelter

To grow into healthy adults, animals including humans need:

exercise good hygiene right amount and types of food

What I will learn:

- I can describe the basic needs of animals, including humans, for survival (water, food and air).
- I can describe the importance for 2 humans of exercise
- I can notice that animals, including humans, have offspring which grow into adults.
- I can explain good hygiene





Key Vocabulary:		
germs	Tiny living things that can cause disease.	
exercise	A physical activity to keep your body fit.	
hygiene	How we keep ourselves and the world around us clean	
disease	Illness or sickness	
nutrition	Food needed to live	
pulse	The beating of the heart that can be felt in your neck and wrist	

Working Scientifically Skills:

1	Perform simple tests
2	Use simple equipment
3	Sort and classify

Scientists/Inventors:

Florence Nightingale (1820 – 1910)	Nurse and founder of modern nursing.
Elizabeth Garrett Anderson (1836 – 1917)	First English woman to qualify as a doctor