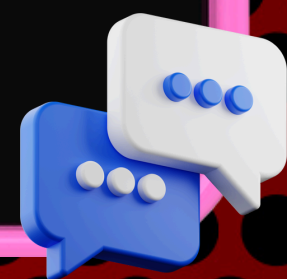


FOCUS ON... CHALLENGING CONVERSATIONS

SUPPORT FOR CARE GIVERS & PROFESSIONALS

WHY HAVE THOSE CONVERSATIONS?

When it comes to online safety, having open and honest conversations with children can be challenging, but they are essential. The digital world is constantly evolving, and while it offers incredible opportunities for learning and connection, it also comes with risks that children may not fully understand. As adults, whether as parents, teachers, or safeguarding professionals, it's our role to guide children through these complexities. Addressing topics like cyberbullying, inappropriate content, online predators, and screen time can feel uncomfortable, but avoiding these conversations leaves children vulnerable. By creating a safe, non-judgmental space where children feel heard, we can empower them with the knowledge and tools they need to navigate the online world safely and responsibly.



CHOOSE A NEUTRAL SETTING

Select a comfortable, quiet location where both parties can speak openly without distractions.

STAY CALM AND OBJECTIVE

Maintain a composed demeanor and focus on facts rather than emotions.

KEEP COMMUNICATION FLOWING

Keep communication channels open so your child feels comfortable coming to you with any concerns.

AGREE TO DISAGREE

Not all conversations will have a happy ending, and that's okay. Agreeing to disagree doesn't mean you agree with their perspective.

LEAD BY EXAMPLE

Model the behaviours you want to set around online safety, such as limiting screen time.

PRACTICE EMPATHETIC LISTENING

Focus on the person's reasoning rather than their conclusions, and highlight points of agreement between you.

Keep up to date by visiting www.kidsonlineworld.com