

## Key Stage 2 PE CURRICULUM PLAN

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<b>YEAR 3</b>	<p style="text-align: center;"><b>Dance</b> Linking dance actions</p> <p style="text-align: center;"><b>Outdoor &amp; Adventurous Activities</b> Enfield Year 3 Unit</p>	<p style="text-align: center;"><b>Invasion Games</b> Passing (Netball, Rugby, Football)</p> <p style="text-align: center;"><b>Gymnastics</b> Travelling with a change in direction</p>	<p style="text-align: center;"><b>Gymnastics</b> Stretching and curling</p> <p style="text-align: center;"><b>Invasion Games</b> Creating space</p>	<p style="text-align: center;"><b>Net/Wall Games</b> Directing the ball</p> <p style="text-align: center;"><b>Dance</b> Exploring cultural dance</p>	<p style="text-align: center;"><b>Athletics</b> Running, throwing, jumping</p>	<p style="text-align: center;"><b>Striking/Fielding Games</b> How to hit the ball into a space. Fielding as a team</p> <p style="text-align: center;"><b>Athletics</b> Running, throwing, jumping</p>
<b>YEAR 4</b>	<p style="text-align: center;"><b>Net/Wall Games</b> Directing the ball</p> <p style="text-align: center;"><b>Outdoor &amp; Adventurous Activities</b> Enfield Year 4 Unit</p>	<p style="text-align: center;"><b>Invasion Games</b> Controlling &amp; Receiving (Netball, Rugby, Football)</p> <p style="text-align: center;"><b>Dance</b> Retelling a story</p>	<p style="text-align: center;"><b>Gymnastics</b> Balance</p> <p style="text-align: center;"><b>Invasion Games</b> Keeping possession of the ball</p>	<p style="text-align: center;"><b>Dance</b> Characterisation</p> <p style="text-align: center;"><b>Invasion Games</b> Marking &amp; tackling</p>	<p style="text-align: center;"><b>Striking/Fielding Games</b> How to hit the ball into a space. Fielding as a team</p> <p style="text-align: center;"><b>Gymnastics</b> Receiving body weight</p>	<p style="text-align: center;"><b>Athletics</b> Developing good running, throwing, jumping techniques</p>
<b>YEAR 5</b>	<p style="text-align: center;"><b>Net/Wall Games</b> Develop individual shots</p> <p style="text-align: center;"><b>Dance</b> Formations in historical dance</p>	<p style="text-align: center;"><b>Invasion Games</b> Supporting play &amp; formations</p> <p style="text-align: center;"><b>Gymnastics</b> Flight</p>	<p style="text-align: center;"><b>Gymnastics</b> Bridges</p> <p style="text-align: center;"><b>Outdoor &amp; Adventurous Activities</b> Enfield Year 5 Unit</p>	<p style="text-align: center;"><b>Dance</b> Communicating issues through dance</p> <p style="text-align: center;"><b>Invasion Games</b> Shooting &amp; keeping</p>	<p style="text-align: center;"><b>Athletics</b> Set targets and improve performance in running, jumping &amp; throwing activities</p> <p style="text-align: center;"><b>Striking/Fielding Games</b> Role of bowler, wicket keeper, backstop, fielder and batter</p>	<p style="text-align: center;"><b>Striking/Fielding Games</b> Role of bowler, wicket keeper, backstop, fielder and batter</p> <p style="text-align: center;"><b>Athletics</b> Set targets and improve performance in running, jumping &amp; throwing activities</p>
<b>YEAR 6</b>	<p style="text-align: center;"><b>Net/Wall Games</b> Develop individual shots</p> <p style="text-align: center;"><b>Gymnastics</b> Counter balance/ counter tension</p>	<p style="text-align: center;"><b>Dance</b> Strictly dance</p> <p style="text-align: center;"><b>Invasion Games</b> Attacking &amp; defending play</p>	<p style="text-align: center;"><b>Gymnastics</b> Matching &amp; mirroring</p> <p style="text-align: center;"><b>Invasion Games</b> Tactics</p>	<p style="text-align: center;"><b>Invasion Games</b> Teamwork &amp; formations</p> <p style="text-align: center;"><b>Dance</b> Putting on a dance performance</p>	<p style="text-align: center;"><b>Striking/Fielding Games</b> Role of bowler, wicket keeper, backstop, fielder and batter</p> <p style="text-align: center;"><b>Outdoor &amp; Adventurous Activities</b> Enfield Year 6 Unit</p>	<p style="text-align: center;"><b>Athletics</b> Develop technical understanding of athletic activity</p>