

### Key Stage 1 PE CURRICULUM PLAN

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<b>YEAR 1</b>	<p><b>Gymnastics</b> Travelling</p> <p><b>Games</b> Bouncing</p>	<p><b>Dance</b> Simple movement patterns</p> <p><b>Games</b> Travelling with a ball</p>	<p><b>Games</b> Creating games</p> <p><b>Dance</b> Exploring gesture and formation Creating short dances</p>	<p><b>Dance</b> Exploring patterns and pathways Developing a simple dance</p>	<p><b>Gymnastics</b> Transferring weight from one body part to another</p> <p><b>Games</b> Receiving</p>	<p><b>Games</b> Sending</p> <p><b>Dance</b> Creating dance from a story book</p>
<b>YEAR 2</b>	<p><b>Gymnastics</b> Balance</p> <p><b>Games</b> Dribbling</p>	<p><b>Dance</b> Communicate different moods, feeling and ideas</p> <p><b>Games</b> Throwing and catching</p>	<p><b>Gymnastics</b> Parts high and low</p> <p><b>Dance</b> Using dynamics to develop the dance</p>	<p><b>Gymnastics</b> Jumping and landing</p> <p><b>Games</b> Sending skills</p>	<p><b>Games</b> Hitting and striking</p> <p><b>Dance</b> Performing different styles of cultural dance</p>	<p><b>Gymnastics</b> Spinning and turning</p> <p><b>Games</b> Running, jumping and hopping</p>